

Private/Semi Private Tennis Lessons

For maximum results in a minimal time, private lessons are geared toward your specific needs. Arrange private lessons with any of our tennis instructors on a schedule that fits your busy life. Find a partner and you can share the costs by doing semi-private lessons. *Scheduled private or semi-private lessons not cancelled by the participant 24 hours in advance will be charged for the lesson.*

- 1-on-1.....\$45/hr
- Group of 2.....\$30/person/hr
- Group of 3.....\$22/person/hr

Level Descriptions

Level 1 Pee Wee

The PeeWee clinic is designed to build important basic tennis skills including hand-eye coordination, proper grip, balance, and racquet control in a fun atmosphere.

*Specially sized racquets will be provided at no cost to participants.

Level 2 Beginner/Intermediate

These lessons are designed to have fun learning to play tennis and improve swing technique, footwork, and consistent ball contact control. This class is for the beginner to intermediate youth.

Level 3 Junior

These lessons are designed to improve stroke technique, footwork, spin, and serving. Sportsmanship, scoring, and match strategy are important instructional topics covered in the junior lessons. These clinics are grouped by age and ability levels. Classes are full of fun and games and will teach the players a great life-long sport.

Spring Session:

Spring session is 4 weeks long.

Level 1 PeeWee Lessons

Member: \$35. **Non Member:** \$55
Ages 4-7 Wed 5:15-6:00pm

Level 2/3

Member: \$40. **Non Member:** \$60
Ages 7+ Wed 6:00-7:00pm

Summer Sessions:

Summer sessions are all 5 weeks long.

Level 1 PeeWee Lessons

Member: \$65/both days or \$40/one day.
Non Member: \$95/both days, \$60/one day.
Ages 4-7 Tues/Thurs 9:15-10:00am

Level 2 Beginner/Intermediate Lessons

Member: \$70/both days or \$45/one day.
Non Member: \$100/both days, \$65/one day.
Ages 7-10 Tue/Thu 10:00-11:00am

Level 3 Junior Lessons

Member: \$70/both days or \$45/one day.
Non Member: \$100/both days, \$65/one day.
Ages 11+ Tue/Thur 11:00-12:00pm

Summer Evening Lessons:

Level 1 Evening Lessons

Member: \$40 **Non-Member:** \$60
Ages 4-7 Wed 5:30-6:15pm

Level 2/3 Evening Lessons

Member: \$45 **Non-Member:** \$65
Ages 7+ Wed 6:15 – 7:15 pm

General Sign Up Information

You may register for one day or both days per week for any class. To register for any tennis program, go to prairielife.com in the youth activities section or stop by the front desk today.

Inclement Weather Procedure

In the event of bad weather please contact Prairie Life at 402-483-2322 or your instructor directly prior to class time. Every effort will be made to have the class, therefore decisions may not be made until weather can for sure be determined. If class is cancelled due to weather conditions, the instructor will make an announcement about when the make-up day will be during the next scheduled class.

If you are unsure of what level your child should be placed in, please contact Joel Reckewey at 402-730-6070 for proper placement. ***More levels and classes may open if needed.***

Session Schedules

Spring Session: May 2nd – 23rd

Summer Session I: May 29th – June 28th

Summer Session II: July 10th – Aug. 9th

**There will be fall sessions following, look for those details to be available in July.*

Registration Deadlines:

Spring Reg Deadline: April 26th

Session I Reg. Deadline: May 23rd

Session II Reg. Deadline: July 4th

**Late registrations accepted if space is available.*

Tennis Staff:

Director - Joel Reckewey

Joel has been the Prairie Life Fitness tennis director for the past 9 years. Currently Joel is the Head Men's & Women's Coach at Concordia University. He is a former Nebraska high school boy's state singles runner up and Kansas high school boy's state champion. Joel played and lettered for the Nebraska men's tennis team for four years while obtaining his bachelors degree. He has also has a Masters Degree in Athletic Administration. Joel is a certified United States Professional Tennis Association teaching instructor.

Instructors

Ainsley Gates

Ainsley is a current player at Concordia University. She played her high school career at Lincoln Southwest and was tied for 2nd at No. 1 singles at the Lincoln City Championships as a freshman, won No. 2 Singles at that tourney her sophomore year, qualified for state her junior year for doubles and qualified her senior year for doubles as a No. 5 seed.

Justine Linscott

Justine is graduating from Lincoln East High School in May. She has been a 4 year varsity participant at East, where she was the State Champion at #2 Singles. Her college career will be played at UNO where she is majoring in Engineering and Accounting.

Assistant Coaches -

Maria Mota

Maria has been an assistant to Joel and instructed classes at Prairie Life Fitness for

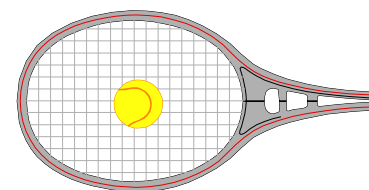
the past 9 years. She graduated from Nebraska Wesleyan University with a major in Health and Fitness studies and also competed for the Prairie Wolves all four years. Maria is a certified United States Professional Tennis Association teaching instructor. She also competes in numerous triathlons and is rated #1 in the state for her age group. Maria recently became a member of the United States National Triathlon Team. She also has her ACSM-CPT certification.

Prairie Life is focused on helping you to become the best tennis player possible. Whether it is through private or group lessons, etc., we have it. There are activities which are geared towards 4 years old & up, and from beginners to advanced tennis players. To find out what programs are best suited towards you, contact Joel Reckewey.

If you would like to reserve a court time for fun or for additional practice, just stop by courtesy services and you may reserve a court up to four days in advance!

If you have questions about any of our tennis programs or would like to schedule a private lesson, contact Prairie Life Fitness and leave a message for Joel or contact him directly at 402-730-6070. We will insure that you will get the appropriate help that you desire.

PrairieLife
FITNESS



**Spring &
Summer
Tennis
Programs
2018**